

Bike to work, skip the traffic, May 18

Join thousands of Bay Area commuters as they get some fresh air and exercise, avoid high gas prices and coast past traffic gridlock while biking to work or to BART on "Bike to Work Day" Thursday, May 18.

Register for Bike to Work Day at 511.org and you'll be entered to win a free bike and other prizes! Registration is free, quick and easy.

More than 150 Energizer Stations will provide free refreshments, giveaways, bicycling



information, and good cheer during morning commute hours and some will re-open during

the evening commute on Bike to Work Day.

The following BART stations are scheduled as Energizer Stations: North Berkeley, Downtown Berkeley, Fremont, Hayward, MacArthur, Dublin/Pleasanton, Concord, El Cerrito Plaza, Pleasant Hill, Walnut Creek, Embarcadero and Millbrae.

Visit 511.org for Energizer Station locations and hours of operation.

BART Bike Rules



For a complete description of rules regarding bikes on BART, pick up a "BART Basics Guide" or visit the "Bicycle Access" section of bart.gov. The following is a brief overview of some of BART's bike rules.

Bikes are allowed on all trains except those trains shown in highlighted areas of the "BART Fares and Schedules" brochure.

- Bikes are never allowed on crowded cars.
- Bikes are allowed in any car but the first car of a train.
- Bicyclists must use elevators or stairs, not escalators, and always walk bikes.
- In case of an evacuation, leave your bike on the train and do not let it block aisles or doors.
- Bicyclists under 14 years old must be accompanied by an adult
- Bikes must be parked in racks and lockers. Bikes parked against poles, fences or railings will be removed. Call 510/464-7133 for locker availability.

Park your bicycle at a BART Bike Station

Take advantage of free, secure bike parking at three BART stations

Berkeley Bike Station

Located on the south end of the concourse level, attendants will store your bike in a secure area while you take BART to work, play or shop. The Berkeley Bike Station is open weekdays 7 a.m. to 9 p.m. (closed weekends and holidays). For more information, call 510/548-7433.

Embarcadero Bike Station

Located on the concourse level of the Embarcadero BART station near the Davis Street entrance, the station is attended weekdays from 7:30 a.m. to 9:30 a.m. and 3 p.m. to 7 p.m. Parking and pick-up of bikes during staffed hours is free. For additional

information, call 415/834-1049 or visit www.bikestation.org.

Fruitvale Bike Station

The Fruitvale Bike Station is in Fruitvale Village, adjacent to the Fruitvale BART station and offers free, secure bike parking and a full-service bike repair shop. Free attendant parking is available from 7 a.m. to 9 p.m. The Fruitvale bike station features more than 230 spaces. For more information, call 510/536-2220.



FROM THE GENERAL MANAGER

The rain has finally relented and it's time for many of us to spend more time outdoors. Appropriately, May is "National Bike Month," highlighted by "Bike to Work Day" on Thursday, May 18th.

BART's interest in bike riders extends beyond just a day or a month. We want to make BART stations accessible to bicyclists all year long and, in fact, BART operates the most bike lockers of any U.S. transit agency, 1,000 in all. Additionally, there is free attended parking for 430 bikes at Embarcadero, Berkeley and Fruitvale stations.

In the near future, BART will have a prototype bicycle ramp to allow bicyclists to roll their bikes on stairs at 16th St. Mission

Station. And 200 new electronic bike lockers are coming to nine East Bay stations.

Bicycles are permitted on most trains, but there are restrictions during peak commute hours. For more information, see the "BART Fares and Schedules" brochure or visit www.bart.gov/guide/bikes.

While BART encourages people to use bikes or other alternatives to single occupancy vehicles to get to work or school, don't forget about BART on the weekend. Taking BART to one of your favorite cycling spots can help you save your energy for your two-wheeled adventure!

Thomas E. Margro, General Manager

Take BART to artSFest

Take BART to artSFest 2006—the third annual celebra-

artSFest
2006

tion of the Bay Area's arts scene showcasing works from the entire creative spectrum including theatre, dance, visual art, film, music, spoken word and beyond. The festival spotlights emerging and established talent in venues across the Bay Area through May 29. Find events, dates and locations at www.artSFestSF.org.

With events throughout San Francisco, BART is the best way to get to artSFest. Use bart.gov to find a station nearest the artSFest events you're attending then use the online QuickPlanner to find the BART train that's right for you.

Carnaval Sambas into the City

Take BART to the 16th St. Mission or 24th St. Mission stations for the excitement of Carnaval SF!

The 2006 Festival will take place on Saturday May 27 and Sunday May 28 with the



floats, music and lavish costumes of Carnaval's Grand Parade on the 28th beginning at 9:30 a.m. For more info, visit carnavalsf.com.

BART celebrates Asian Pacific American Heritage Month

Look for this poster in honor of Asian Pacific American Heritage Month on BART trains this month.



The Way of Tea

Japanese Galleries, Asian Art Museum
200 Larkin St., San Francisco
www.asianart.org or 415/581-3500

BART: Civic Center

Saturday, May 13; seatings at 11 a.m., 1 p.m. and 2:30 p.m.: Experience the tastes, smells, sounds, and aesthetics of chanoyu—the Japanese way of tea. \$10 museum members; \$20 general (includes museum admission). Space is limited; pre-registration required.

Mini-festival of Korean music

San Francisco Main Library
Koret Auditorium, 100 Larkin St. at Grove
www.hyo-shinna.com or 415/557-4400

BART: Civic Center

Wednesday, May 17, noon-2 p.m.: Old and new sounds of Korea are performed by Jeong Ga Ak Hoe of Seoul, with commentary by Hyo-shin Na, and the Korean Traditional Music players.

A Journey to China

Cowell Theater, Fort Mason Center
Marina Boulevard at Buchanan Street, SF
www.sfworldmusicfestival.org or 415/345-7575
BART: Civic Center; Muni 19-Polk northbound to Bay Street (walk through the Fort Mason grounds to the theater).

Sunday, May 28, 3 p.m.: This unique youth concert features music, visual and performing arts by students from San Francisco's Chinese-language Alice Fong Yu public school. Performances will feature Chinese music and Cantonese opera, Chinese percussion, folk dance, brush painting,

martial arts and lion dancing. Master Chinese artists worked with the students to create the multidimensional stage performance.

China: The Soul of a Country

San Francisco Main Library
Chinese Center, 3rd floor, 100 Larkin St. at Grove
sfpl.lib.ca.us or 415/557-4400

BART: Civic Center

Through July 27: Photographs of China by Robert Welsh bear witness to a land filled with ancient traditions yet struggling to modernize. The pictures reveal the beauty in well-worn, overlooked and cherished objects – especially of village life and the people – as well as the traditionally aesthetic architecture and geography.

Chanticleer in concert: "La Guerre: Triumph & Tragedy of War"

Mission Dolores, 3321 16th St. at Dolores, SF
www.chanticleer.org, 415/392-4400

BART: 16th Street, 6-block walk

Sat., May 20, 8 p.m., and **Sun., June 4,** 7 p.m.:

The acclaimed 12-man vocal ensemble presents a program of works from the 16th and 17th centuries focused on the theme of battle.

36th Annual Live Oak Park Fair

Live Oak Park
Shattuck Avenue at Berryman Street, Berkeley
www.liveoakfair.com

BART: North Berkeley, take free shuttle to fair

June 10-11: Find handcrafted treasures and enjoy family-friendly entertainment at North Berkeley's annual arts and crafts fair

Take BART to the Asian Heritage Street Fair

The second annual Asian Heritage Street Celebration will be held on Saturday, May 20 in celebration of Asian Pacific American Heritage Month.

Join the fun on Irving St. between 20th and 25th Avenues in San Francisco's Sunset District from 11 a.m. to 6 p.m.



Take BART and transfer at any downtown San Francisco station to the

outbound Muni N Judah line for the fastest and easiest way to get to the Asian Heritage Street Fair.



The fair will feature live entertainment, food, arts and crafts, martial arts, karaoke and more. Best of all admission is free!

Visit www.asianfairsf.com for more information. Plan your BART trip at www.bart.gov.

